



## A Labor of Love

Over the Labor Day weekend, Tatum and I had the privilege of getting to serve with LCI at the “Tailgate Town Kick Off Event” in Atlanta, Georgia. We feel extremely grateful to have met and served beside some awesome Lions prior to the Tennessee vs Syracuse game. We passed out noise makers, signs, and even participated in a service project. This service project was coloring cards and writing notes of inspiration to cancer patients in local hospitals. LCI was a sponsor for the game so we were able to take a field tour, watch the game from the LCI suite, and enjoy the company of a past president, Jim Ervin, and other lions.

I am thankful to be a part of a great organization like Lions who is recognized world wide for the impact they make in the lives of others. I am blessed, too, for the relationships Lions has created in my life.



### UPCOMING EVENTS:

October 4, 2025  
8:30 AM (note time change)  
Fall Cabinet Meeting  
Lions Volunteer Blind Industries (LVBI)

Oct. 4-12<sup>th</sup>, 2025  
Mental Health & Well-Being Week

Oct. 7<sup>th</sup>, 2025  
GLT Power Hour  
ZOOM 8:00 PM

Oct. 29<sup>th</sup>, 2025  
DG Nate's ZOOM 8 AM

Nov. 1, 2025  
MD12 Rally & TLC  
Honors Banquet in Nashville



# VDG's Lionhearted Lessons



2025 October – Setting Goals



Setting goals is crucial for any Lions Club to thrive. It provides a clear direction, ensuring that service projects, fundraising efforts, and community outreach stay focused and impactful. Well-defined objectives motivate members, strengthen teamwork, and allow for measurable success. Whether it's increasing membership, supporting local charities, or launching new initiatives, goal-setting turns vision into action. It also helps in evaluating progress, celebrating achievements, and adjusting strategies as needed. A club with strong goals isn't just active—it's effective.

By committing to meaningful targets, Lions can truly live up to their mission of serving and improving their communities.

**Yours in Lionism....Wayne Garland, 1st Vice District Governor**



## World Sight Day – October 9, 2025

October 9th is recognized worldwide as World Sight Day, a day to raise awareness about vision health and the importance of preventing avoidable blindness. Coordinated by the International Agency for the Prevention of Blindness, this year's theme emphasizes access to eye care for all.

More than a billion people live with vision loss that could have been prevented or treated. On this day, we are

reminded to schedule regular eye exams, support community eye health programs, and advocate for equal access to vision services—because everyone deserves the chance to see a brighter, clearer future.

Here are some meaningful and engaging ways Lions Clubs can take part:

- Recognize Local Eye Care Heroes – Honor optometrists, ophthalmologists, or volunteers who make a difference in vision care.
- Light Up a Landmark – Work with city officials to illuminate a building or bridge in yellow (the color of sight awareness).

**See page 28 for additional suggestions for World Sight Day**

**Embracing the Call....Kim Osborne, 2<sup>nd</sup> Vice District Governor**

# “Leadership Corner” from PDG Wendy Cain



This month I share the third of six principles of leadership from *You Don't Need a Title to Be a Leader: How Anyone, Anywhere, Can Make a Positive Difference* by Mark Sanborn.

## **Power with People:**

- Effective leadership is built on relationships and service.
- Sanborn emphasizes treating others with respect, encouragement, and trust.
- Leaders listen, empathize, and elevate others – they don't lead over people; they lead with them.

I think about how important this principle is in my work environment, and then I realize it is **MORE** important in a volunteer organization like Lions! We aren't always going to agree, but should **ALWAYS** treat others with respect, encouragement, and empathy. As Lions, we try to lift up those who are in need, but let's also lift up those who take on leadership roles in our clubs and district. Look for the final three principles in future issues of the *News & Views*.

## **Upcoming Events:**

- **October 7, 2025:** District 12-N Officer “Power Hour” from 8-9 p.m. via Zoom for Presidents/VPs, Secretaries, Treasurers, Membership Chairs, and Marketing Chairs. Go to <http://tnlions.org/calendar/> for Zoom Link
- **Jan. 16-18, 2026:** Tennessee Lions Learning Retreat in Manchester, TN. Scholarships are available from the District (reimbursement after you attend), and registration information will be available soon!

Two District 12-N Lions attended the USA/Canada Lions leadership Forum in Atlantic City, NJ in September; myself and PDG Rich Wilson. This is my favorite Lions event of the year, and I hope you will make plans for the 2026 Forum that will be in MEMPHIS, TN – Sept. 3-5!





# Dandridge Lions Clubs



President Rajean Conner (center) presents winners Mike Heier and his wife Jane with their UT Football season tickets! The tickets were donated to the Dandridge Lions Club for a raffle, and the money raised will be used to promote sight programs in Jefferson County.

Congratulations!



Former President Susie Jarnigan in the pouring rain



Lion Kenny Lodwick got a hole in one at the Dandridge Golf Tournament, August 23rd. It's his fifth lifetime hole in one, but it made it super special as he was golfing with his three best friends.

The Dandridge Lions Club will be holding **“White Cane Day”** on **Friday, October 3rd** at “four corners” in downtown Dandridge and at the Dandridge Food City. White Cane Day raises funds that support the East TN Lions District 12N charities.

Please give generously when you see the blue vests!



# Farragut Lions Club



## FARRAGUT LIONS CLUB 9TH ANNUAL CAR SHOW



JCPENNY-PARKSIDE DRIVE  
TURKEY CREEK • FARRAGUT, TENNESSEE

**OCTOBER 4, 2025**

**8 A.M. – 1 P.M.**

CONTACT TOM NITZ 865-679-4779

## KEENELAND TRIP



**OCTOBER 12, 2025**

THIS TRIP INCLUDES ROUNDTrip  
TRANSPORTATION AND LUNCH BUFFET

BROUGHT TO YOU BY



**FARRAGUT  
LIONS CLUB**



### FARRAGUT LIONS KEENELAND TRIP

**OCTOBER 12, 2025  
7 A.M. – 7 P.M.**

**\$200**

FOR MORE INFORMATION, CONTACT  
TOM NITZ 865-679-4779

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# Harriman Lions Club



The Harriman Club began vision screening on September 18th and will continue until September 30th. For the first time the club will also screen homeschooled children. Pictured here is a team at Kingston Elementary School



“Music and Melons” at Riverfront Park in Harriman on September 21st. The Babahatchie Band provided the music and the Lions Club provided the melons. The two groups collaborate each year in September for this event. The community band was organized in 1989 and is comprised of musicians of all ages from towns in the surrounding area. The Lions Club served up watermelon at the concert intermission for all in attendance, including the band! This is always a fun community event.



# Kingsport Lions Club



At the September meeting of the Kingsport Lions Club, Trevor Southerland, CEO of LVBI, visited and gave an informative update regarding Lions Volunteer Blind Industries.



CEO Trevor also thanked the club for all of their support thru the years, whether as an advocate, a board member, or recent donations toward the matching grant to purchase a new quilting machine.

HAPPY  
HALLOWEEN



L to R: 1st VDG Wayne Garland, Kingsport Club President Larry White, and 1st VP Kingsport Club, Shannon Southerland. The speaker had everyone's attention.



L to R: Rob Walters, Content Director Six River Media; President Larry White; and Managing Editor Six Rivers Media, Holly Viers.



# Kingsport Lions Club (con't)



DG Nate Hughes, Asher Elliott, and IPDG Keltie Kerney getting ready for the start of the Kingsport Lions Club annual golf tournament, September 12.



Bill Murdoch



Mike Kerney and Kyler Kerney-Elliott at the start of the event



PDG Bill Moore (in the yellow shirt). PDG Bill chaired the golf tournament for 25 years.



Lions Club President, Larry White, and Kingsport's Junior Miss



1st VDG Wayne Garland



Dr. Anthony Seaton is a regular participant in the golf tournament



Ron Richardson



# Knox Tri-County Lions Club

## 3rd Annual Tri-County Lions Buddy Greene Memorial Cruise-In



**October 25, 2025**  
**9am-2pm**

*Seymour United Methodist Church  
Rear Parking Lot  
107 Simmons Road, Seymour, TN*

**Free!**  
**Family Fun!**  
**Door Prizes**  
**Cars Trucks**  
**Motorcycles Rot Rods**  
**If it runs, bring it!**  
**Refreshments**

**PEOPLES CHOICE  
AWARDS**  
Best Car  
Best Truck

Background design by Freehik



*Canned  
goods  
welcomed*



**Seymour  
Volunteer  
Fire Dept.**

*Your donation helps  
fund a new firetruck!*



**KNOXVILLE  
TRI-COUNTY LIONS**



# Maryville Lions Club



On Tuesday, September 16th, District Governor Nathanael Hughes visited the Maryville Lions Club and shared with us important dates of upcoming events in the District and the three special weeks of service from Lions International.

DG Nate also shared what he would like to accomplish this year – **Communication, Collaboration and Service**. He said if we can accomplish these, there will be an increase in membership. As a thank you for visiting the club, President Paulette Bailey presented DG Nate with a NOAA Radio. The District is working on a Disaster preparedness plan and the NOAA radio has been recommended as a must have tool from several of the County TEMA offices. This little device is amazing. Here is a run down of what it contains:

- A hand crank (no power required) or it can run on solar panel or batteries
- A flashlight
- Radio – NOAA Weather, AM/FM and short-wave
- An alarm (quite loud)
- A USB port to charge your phone



The device only cost about \$30 on Amazon and is highly recommended as a must have for all of us because you never know when a disaster might strike and communication is of utmost importance.



# Maryville Lions Club (con't)



## OTTO Cruise In

**Oldies to the Oldies** – Cruise In at the Maryville Nursing Homes

Oct 25, 2025 from 1 PM – 6 PM

Rain Date: Nov 1, 2025



**Life Care 1:00 - 1:45 PM**  
**Brookdale 2:15 – 3:00 PM**  
**Foothills 3:05 – 3:50 PM**  
**Morningview 4:15 – 5:00 PM**  
**Hot Rods 50s Diner 5:05 PM**

**Pre 70's Cars only**

**\$20 Registration Fee**

**Commemorative Magnets for all registrants**

**Prize Drawing by registration #**

**TO REGISTER:**

**Complete this form and email to:**

[mmcastle@aol.com](mailto:mmcastle@aol.com) or  
[ksfontaine4936@gmail.com](mailto:ksfontaine4936@gmail.com)

Dean or Karen Fontaine

(865) 406-3887 or (865) 599-4936



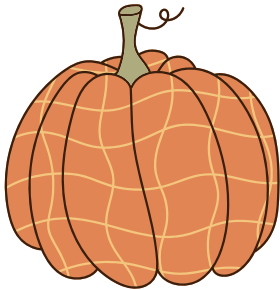
NAME \_\_\_\_\_ PHONE # \_\_\_\_\_  
EMAIL: \_\_\_\_\_ CAR/YEAR \_\_\_\_\_  
CAR MAKE: \_\_\_\_\_ CAR MODEL \_\_\_\_\_

**SPONSORED BY THE MARYVILLE LIONS CLUB**

**All proceeds are returned to the community in donations and service**

# Morristown Hamblen Lions Club

One highlight this month was our contribution to "Lunch with LVBI." We provided delicious pizza and homemade desserts to make the event extra special. President Ann Holbrooks and Lion Don Britton represented our club, and we received wonderful feedback on our participation.



We've also made significant progress with our plastic recycling project! The results are truly impressive. Lion Debbie Chance spearheaded the effort, collecting an amazing 91 pounds of plastic.



Lion Debbie



President Ann

President Ann personally collected 31 pounds, and Lion Melissa Wilson (who wasn't able to be in the photos) contributed an additional 4 pounds.



# Sevier County Lions Club

Sevier County Lions doing what we love “Serving our Community”



Sevier Co. Lions members participated in a Relay for Life event supporting the American Cancer Society. L to R: Pres. Rich, Sue, Club Admin. Wilma, Lonnie, VP Rane, and Treas. Frank.



L to R: Service Chair, Terry; Mental Health Chair, Dr. Nola; and Cecilia.



New members Sue (L) and Vickie (R); sponsored by VP Rane.



L to R: Les and Lonnie .



L to R: Terry, new member Alejandro, and Frank.



L to R: New member Hudson and Pres. Rich.



Honoring local women in law enforcement, the Sevier Co. Lions Club says “thank you” by donating baskets of treats for the women of the Sevier Co. Sheriff’s Dept., Sevierville Police Dept, Pigeon Forge Police Dept. and the Gatlinburg Police Dept. on September 12, 2025 – National Police Women’s Day.







# Sevierville Lions Club



L to R: Teacher Holly, Pres. Kathi, 2<sup>nd</sup> VDG Kim, and Lion Chuck screening Kindergarten students at Cosby Elementary School



Sevierville Lions participated in the Boys & Girls Club Family Resource Event on September 19<sup>th</sup>.



L to R: 2<sup>nd</sup> VDG Kim, Chuck, CEO Melissa, and Pres. Kathi at the Boys & Girls Club



DG Nate was the Guest Speaker at the Sevierville Lions September Club meeting (shown with President Kathi)



L to R: 2<sup>nd</sup> VDG Kim, Bob, DG Nate, Chuck, Meredith, Judy, and Erik at the September Club meeting



# Sevierville Lions Club



## Sevierville Lions Club *Silent Auction*

*October 2nd - 10<sup>th</sup>*

*My People Senior Activity Center*

*1220 W. Main St., Sevierville, TN 37862*



*Shop for friends, family, and  
YOURSELF!*



*100% of Proceeds go back  
to the Community!*

*Join Us: Sevierville Lions*

*Meetings 2<sup>nd</sup> Wednesday of the Month 11 AM*

*My People Activity Center*

*Facebook: Sevierville Lions*

*Email: [seviervillions@gmail.com](mailto:seviervillions@gmail.com)*

# Tellico Village Lions Club

Tellico club members had an awesome time last month as they gathered for a social lunch and rode pontoon boats down the Little Tennessee River to Vonore, TN for lunch.



Tellico Lions held their diabetes walk on Sat., Sept 20th, and collected donations for East Tennessee Children's Hospital Camp Cure for T1 Diabetic Children. The walkers from Tellico Village collected and delivered over \$3,000 in donations.



Lion Don Skalecki, Callie Corum ETCH, Will Corum ETCH



L to R: Finish Line - Harry Rucker, Shelley Brent, Mic Nicholls, Crazy Clown, and Barry Sherman



Miscellaneous Walkers from the Knifty Knitters Walking Team



# West Knox Lions Club

## Act of Kindness

**H A L L O W E E N**

A West Knox Lion's club Volunteer at the CAC Daily Living Center Seniors saw that there was a need for replacing markers used for coloring. The current markers were missing many of the primary colors, and some were dried up. Since coloring is part of their daily routine, the volunteer made a call to the West Knox Lions Club and it was approved to purchase 10 sets of markers for the center. On August 25, 2025, Lion President Ron Riehn and PDG Mike McDonough arrived at the center to present the markers to the Seniors; they were very happy as each one was handed out. Due to the center's privacy act pictures were limited. Ms. Marva gave permission to publish her picture with her set of markers. Again, the West Knox Club has brought the joy of caring and sharing into the light.

Sometimes, the smallest gestures can shine the brightest and bring lasting joy to those who need it most.



L to R: Ms. Laura, Director; Pres., Ron; Assistant Director, Renee; and Lion Mike.



Ms. Marva, one of the recipients of the sets of coloring markers donated to the Daily Living Center.



# Halloween Fact or Fiction Game

**Guess if the Statement is Fact or Fiction**

**Fact    Fiction**

- |   | Fact                     | Fiction                  |
|---|--------------------------|--------------------------|
| 1.Candy corn was originally called Chicken Feed   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2.In Oklahoma , wearing a nun or priest costume for Halloween is illegal.               | <input type="checkbox"/> | <input type="checkbox"/> |
| 3.The word witch comes from the Old English word 'Wicce'.                               | <input type="checkbox"/> | <input type="checkbox"/> |
| 4.Trick or treating evolved from a tradition called "souling."                          | <input type="checkbox"/> | <input type="checkbox"/> |
| 5.Sugar rationing during World War I halted trick-or-treating.                          | <input type="checkbox"/> | <input type="checkbox"/> |
| 6.Jack o lanterns used to be carved out of turnips, potatoes and beets.                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 7.Ohio produces up to five times more pumpkins than any other state.                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 8.Snickers are the top Halloween candy.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 9.Candy corn is America's least favorite candy.   | <input type="checkbox"/> | <input type="checkbox"/> |
| 10.The fear of Halloween is called bathmophobia.  | <input type="checkbox"/> | <input type="checkbox"/> |
| 11.Halloween is the third highest-grossing commercial holiday.                          | <input type="checkbox"/> | <input type="checkbox"/> |
| 12.The largest Halloween parade in the United States is annually held in New York City. | <input type="checkbox"/> | <input type="checkbox"/> |
| 13.Halloween scarecrows symbolize the ancient and agricultural roots of the holiday.    | <input type="checkbox"/> | <input type="checkbox"/> |
| 14.Pumpkins classify as a vegetable, not a fruit.                                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 15.In Hong Kong, Halloween is known as The Festival of the Hungry Ghosts.               | <input type="checkbox"/> | <input type="checkbox"/> |



[www.MyPartyGames.com](http://www.MyPartyGames.com)



# East TN Lions District 12N 2025-2026 CALENDAR

<b>July 2025</b>																					
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							13 <sup>th</sup> -17 <sup>th</sup> International Convention in Orlando, FL														
							19 <sup>th</sup> Cabinet Organizational Meeting														

<b>August 2025</b>																				
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							2 <sup>nd</sup> MD 12 Organizational Meeting in Nashville, TN Noon-Central Time													
							5 <sup>th</sup> GLT Zone Chair training via ZOOM 8PM													
							19 <sup>th</sup> GLT Power Hour ZOOM 8PM													
							27 <sup>th</sup> DG Nate's ZOOM 8AM													

<b>September 2025</b>																				
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							18 <sup>th</sup> -20 <sup>th</sup> USA/Canada Forum in Atlantic City, NJ													
							24 <sup>th</sup> DG Nate's ZOOM 8PM													

<b>October 2025</b>																				
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							4 <sup>th</sup> Fall Cabinet Meeting 9:00 AM LVBI													
							7 <sup>th</sup> GLT Power Hour ZOOM 8PM													
							29 <sup>th</sup> DG Nate's ZOOM 8AM													
							4-12 <sup>th</sup> Mental Health Week													

<b>November 2025</b>																				
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							1 <sup>st</sup> MD12 Rally & TLC Honors Banquet													

<b>December 2025</b>																				
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							2 <sup>nd</sup> GLT Power Hour ZOOM 8PM													
							3 <sup>rd</sup> DG Nate's ZOOM 8PM													
							6 <sup>th</sup> 12N Charities meeting 10:30 AM in Sevierville													
							12 <sup>th</sup> TSB Lions Christmas													

							3-11<sup>th</sup> Hunger Week													
							10<sup>th</sup> Winter Cabinet Meeting via ZOOM													
							16<sup>th</sup>-18<sup>th</sup> Lions Learning Retreat in Manchester, TN													

<b>January 2026</b>																				
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<b>February 2026</b>																				
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<b>March 2026</b>																				
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							27 <sup>th</sup> -28 <sup>th</sup> District 12N Convention Farragut Community Center													

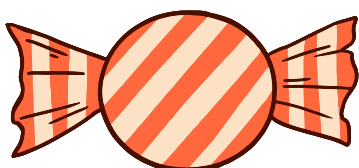
<b>April 2026</b>																					
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							7 <sup>th</sup> GLT Power Hour ZOOM 8PM														
							29 <sup>th</sup> DG Nate's ZOOM 8PM														
							18 - 26 <sup>th</sup> Environmental Week														
							30 <sup>th</sup> April - 2 <sup>nd</sup> May MD12 TN State Conv.														

<b>May 2026</b>																				
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							30 <sup>th</sup> April - 2 <sup>nd</sup> May MD12 TN State Convention													
							Spring Cabinet Meeting Date To Be Determined													
							27 <sup>th</sup> DG Nate's ZOOM 8AM													

<b>June 2026</b>																				
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							24 <sup>th</sup> DG Nate's ZOOM 8PM													

# Continued Disaster Relief

Kingsport Lions Larry White, Ron Richardson and Bill Murdoch helped to load supplies going to Erwin, TN. IPDG Keltie shopped for the supplies, approved by District 12N disaster relief team. Supplies included diapers (Newborn, 3, 4, 5, and 6), cleaning supplies, and laundry supplies. Additional items were also donated. Bo Baker, a Lion in recruitment, delivered the supplies on September 17, 2025.

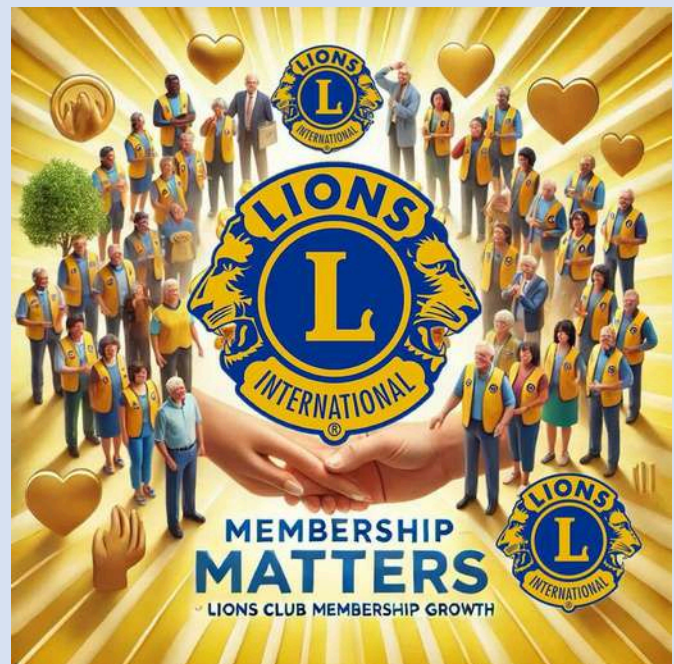




# Welcome New Members

**NONE REPORTED**

*In Loving Memory*



**NONE REPORTED**

# District 12N Service Project

East TN District 12N Lions have collected more than 2,000 lbs of plastics (1,000 lbs needed to obtain one bench) to receive and donate the two Trex Benches below.



The 1st Bench was delivered to East TN  
Children's Hospital in Knoxville, TN

L to R (back): Don Abernathy, 12N GST; Connie Emmons, MD12 GST; Cheryl Allmon, Director of Volunteer Services; Landyn Ford, Manager of Volunteer Services.

L to R (front): Brooke Howard,  
Specialist-Volunteer Services; Valerie  
Abernathy, 12N GST



The 2nd Bench was delivered to Sunset Gap in Cocke Co, TN



L to R (back): Richard Russell; Connie Emmons, MD12 GST; PDG Rich Wilson; Debbie Chance; Don Abernathy, 12N GST; Valerie Abernathy, 12N GST; and seated (front) Audrey Jones - Executive Director of Sunset Gap.



# Leader Dogs for the Blind



L to R: MD12/12N Leader Dog Chair, Connie Emmons, presents a \$3,000 check to Leader Dog employee, Missy Aupperle, at the Leader Dogs for the Blind facility in Rochester Hills, Michigan. The donation was made possible by the East Tennessee District 12N Lions Charities.



Dear Leader Dog Community,  
On September 5, the U.S. Department of Education eliminated all three national Braille Training Grants under the 235E Demonstration Program. This decision directly affects Leader Dog clients and the future of braille literacy and the independence of people who are blind, DeafBlind or low vision — including many individuals we serve.

Without these programs:

Fewer professionals will be trained to teach braille.

Adults and children will lose access to essential literacy tools.

The braille literacy crisis will deepen across all age groups.

How You Can Help:

Please call your U.S. Senators and urge them to take action. Find contact info.

Key talking points you can use:

Braille is literacy. Without it, people lose access to education, employment, and independence.

This is not a budget issue—it's a policy decision that eliminates all federal braille training programs.

These programs had a strong track record of success and national impact.

Every state benefits from the professionals trained through these grants.

Let's stand together to protect braille literacy and ensure accessible education remains a reality for our Leader Dog clients and the blind community.

Melissa Weisse, President and CEO; Leader Dogs for the Blind

# USA/Canada Forum

## 12N Lions Attend USA/Canada Forum

The 2025 USA/Canada Leadership Forum was held in Atlantic City, NJ, on September 18<sup>th</sup> - 20<sup>th</sup>, with former Forum General Chairperson PDG Wendy Cain facilitating a session on “Lions Service Projects”.

PDG Rich Wilson, District 12N GMT, helped to staff the 2026 USA/Canada Forum Memphis booth and attended three days of seminars.

The 50th Annual USA/Canada Lions Leadership Forum will be held September 3<sup>rd</sup> - 5<sup>th</sup>, 2026 (Labor Day Weekend) in Memphis, TN. Early Registration is available online.





# International Peace Poster Contest



Lions Clubs around the world proudly sponsor the **International Peace Poster Contest** to encourage youth to creatively express their vision of peace through art. This inspiring event offers students a unique opportunity to share their message with the world – and we're excited to see what our young artists will create this year!

## How to Participate:

Peace Poster Kits can be ordered through the Lions International Member Resource Center at: [www.lionsclubs.org](http://www.lionsclubs.org)

## Eligibility:

Students who are 11, 12, or 13 years old as of November 15th are eligible to participate.

## Important Dates to Remember:

**October 1st** – Deadline to purchase Peace Poster Kits from the Club Supplies Sales Department at International Headquarters.

**November 15th** – Postmark deadline for clubs to send one winning poster per contest sponsored to District Governor Nate Hughes

## Tips from the Clubs:

I'd love to hear from Lions Clubs in District 12N who have helpful "hints" or suggestions for running a smooth and successful Peace Poster Contest. For example, the Sevierville Lions Club provides teachers with the correct size paper for students to use. Even though the size requirements are listed in the kit materials, we often receive amazing artwork that unfortunately can't be submitted due to being the wrong size. Taking this extra step helps ensure all entries are eligible!

## Do you have a tip or best practice to share?

Please send your comments to: [kathihofstad@gmail.com](mailto:kathihofstad@gmail.com)

We'll share your insights in the next district newsletter!

Let's work together to inspire peace and creativity in our youth!

**Kathi Hofstad - Peace Poster Chair**

# Special Weeks of Service

## LIONS & LEOS WEEKS OF SERVICE 2025-2026



The Weeks of Service centers around significant international days, highlighting the impact of Lions through the world. Lions are encouraged to do service that greatly impacts their communities while also finding sustainable ways to increase service impact, visibility of the Lions brand through consistent periods of service.

### THE 3 FOCUS AREAS FOR THIS FY INCLUDE:



#### MENTAL HEALTH & WELL-BEING

**LIONS SERVICE WEEK** WILL BE ON  
**OCTOBER 4-12, 2025**



#### HUNGER

**LIONS SERVICE WEEK** WILL BE FROM  
**JANUARY 3-11, 2026**



#### ENVIRONMENT

**LIONS SERVICE WEEK** WILL BE FROM  
**APRIL 18-26, 2026**



# Mental Health & Well-Being Ideas



## Lions Mental Health and Wellbeing Service Ideas

- **Mindfulness Colouring for Playgroups, Community centres, or Libraries**
- **Give out flower stems or cupcakes outside Train/ Bus stations**
- **"Pause & Breathe" Moments: Share simple breathing videos or tips on social media**
- **Stress Relief Kits: assemble & distribute small kits (tea, stress ball, affirmations)**
- **Mental Health First Aid Training: Invite a local professional for a Zoom workshop.**
- **Chalk the Walk/Kindness Rocks: Lions and Leos with local people draw uplifting messages in chalk on driveways, pavements or on stones**
- **Mindfulness Walk: Organize a community walk focusing on reflection & gratitude.**
- **Positive Post-It Day: Place kind messages in public spaces, schools, care homes**
- **Support Circle Café: 30-min online "coffee chat" on mental health - no therapy, just connection**
- **Wear Green Day: Simple awareness campaign—wear green and explain why- it's for mental health awareness.**
- **Senior Story/Music Time: Call or visit the elderly to listen to or read their favourite stories or listen to their favourite music.**
- **Gratitude Tree: Invite community members to write things they're grateful for on leaves to hang on an artificial tree.**

Source: Facebook Page: Lions Club Members: Public Image, Graphics & Ideas Hub

# PROJECT IDEAS FOR VISION

## ACT // BEGINNER

- Collect used eyeglasses and send them to the nearest Lions Eyeglass Recycling Center.
- Organize a braille, large print and audio book collection to benefit a local school, library or senior center.
- Volunteer to create audio recordings of books and periodicals for people who are blind.
- Invite an eye professional to your club to educate Lions on common eye diseases that may cause blindness if left untreated.
- Invite a person who is blind or has low vision to talk about technology that aids in mobility or navigation and activities of daily living.

## ACT // INTERMEDIATE

- Work with local eye care professionals to provide a wide variety of community screenings including early childhood, school and all age's vision screenings.
- Sponsor a World Sight Day event.
- Sponsor visually impaired students through camps, contests or other activities.
- Develop a directory of community resources and services available for people who are blind or have low vision.
- Organize an inclusive sporting event for children with and without visual impairment.
- Host a fundraiser to purchase and donate white canes to people who are blind or visually impaired in your community.
- Host a public event to promote healthy vision and increase awareness of common eye diseases that can cause vision loss.

## ACT // ADVANCED

- Work with local employers to develop an employee vision screening program.
- Host a "Beep Baseball" game or tournament.
- Support a guide dog training program through fundraising or voluntary labor.
- Develop an assistive technology library so people who have vision impairment can access resources as their needs change.
- Create a sensory garden with plants, water features, and sculptures that engage the senses of touch, smell, hearing and taste. Provide braille or audio recordings of signage.
- Partner with an orientation and mobility specialist to provide ongoing support to teachers of inclusive classrooms and employers of inclusive workplaces.



# Information on State Convention 2026



There has been a change in the location of the 2026 Tennessee Lions State Convention. It will now be in Clarksville at the **Doubletree by Hilton, Clarksville Riverview**. The room cost is \$139 plus tax which includes a breakfast buffet (at a value of \$21 per person). Reservations can be made at:

<https://group.doubletree.com/hfiu0r> or by phone at 931-919-5044. Hotel reservations must be made by March 30, 2026.

The convention will kickoff on Thursday, April 30<sup>th</sup> from 6-9 PM with a reception for our International Guest, **1st International Vice President Mark Lyon**. Light finger foods will be available and are included in the registration package price.

The Full Registration package is all that is available at the present time. This includes Lunch and Dinner on Friday, in addition to Lunch and a Grand Banquet on Saturday evening. The cost is \$150 for four meals and the Thursday reception.

There will be optional seminars on Friday morning, with great speakers scheduled throughout the day on Friday and Saturday.

There will be a **live basket auction on Friday night** with Ed Cope conducting the auction. The baskets will be provided by Lions and Lions Clubs with a value of at least \$50 to make the auction productive. Your support is very much appreciated. Clubs and individuals are encouraged to donate items for this auction.

Special entertainment will be provided by Chris Golden, son of William Lee Golden of the Oak Ridge Boys.

There will be many vendors to share information on service, fund raising and equipment that would be useful to your club.

# Registration for State Convention 2026

## 2026 (107<sup>th</sup>) Tennessee Lions State Convention

April 30-May 2, 2026

Doubletree by Hilton Clarksville Riverview

**Semi quinentennial** of the United States

1<sup>st</sup> International Vice President Mark S. Lyon

Name \_\_\_\_\_ Club \_\_\_\_\_ Current Office/Position \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Club \_\_\_\_\_ Current Office/Position \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Early Full Registration by November 1, 2025 \_\_\_\_\_ @ \$150 = \$ \_\_\_\_\_

Regular Full Registration by February 1, 2026 \_\_\_\_\_ @ \$180 = \$ \_\_\_\_\_

Late Full Registration by April 15, 2026 \_\_\_\_\_ @ 200 = \$ \_\_\_\_\_

No Registrations will be accepted after April 15. No walk-ins.

***Thursday Night Reception included with paid registration***

Any dietary needs (Be Specific) \_\_\_\_\_

Please mail checks made out to "Lions of Tennessee" (the sooner the better to save you money)

Mail to:

Lion Ed Lantz

5087 Minnis RD

Springfield, TN 37172





# Lions Code of Ethics



**To show** my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

**To seek** success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

**To remember** that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

**Whenever** a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.

**To Hold** friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

**Always** to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them an unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.

**To Aid** others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

**To be Careful** with my criticism and liberal with my praise, to build up and not destroy.

# Halloween Fact or Fiction Answer Key

- 1.Candy corn was originally called Chicken Feed **Fact**
- 2.In Oklahoma , wearing a nun or priest costume for Halloween is illegal. **Fiction** (it is in Alabama)
- 3.The word witch comes from the Old English word 'Wicce'. **Fact**
- 4.Trick or treating evolved from a tradition called "souling." **Fact**
- 5.Sugar rationing during World War I halted trick-or-treating. **Fiction** ( during world war 2)
- 6.Jack o lanterns used to be carved out of turnips, potatoes and beets. **Fact**
- 7.Ohio produces up to five times more pumpkins than any other state. **Fiction** (Illinois)
- 8.Snickers are the top Halloween candy.**Fiction** (Skittles)
- 9.Candy corn is America's least favorite candy. **Fact**
- 10.The fear of Halloween is called bathmophobia. **Fiction** (It is called Samhainophobia)
- 11.Halloween is the third highest-grossing commercial holiday. **Fiction** (Second)
- 12.The largest Halloween parade in the United States is annually held in New York City. **Fact**
- 13.Halloween scarecrows symbolize the ancient and agricultural roots of the holiday. **Fact**
- 14.Pumpkins classify as a vegetable, not a fruit. **Fiction**
- 15.In Hong Kong, Halloween is known as The Festival of the Hungry Ghosts. **Fact**





## NEWS & VIEWS ARTICLE SUBMISSIONS

We know you're making a difference in your communities, and we want to hear about it! Whether it's a service project, fundraiser, officer installation, new member inductions, or recognizing a member's hard work, share your experiences with us. Let's inspire and learn from each other.

Articles for News & Views should be submitted in WORD or JPEG formats (please avoid PDFs). Use the font size of 16, and keep articles under 200 words. If including photos (strongly encouraged!), limit your article to 100 words and include the names of individuals in the photos when possible.

Send your submissions to 2nd VDG Kim Osborne at [kimosborne607@gmail.com](mailto:kimosborne607@gmail.com) by the 20th day of the month.  
We look forward to seeing your stories!

### WE NEED YOUR HELP:

*It's come to our attention that some of our fellow Lions may not be aware of the News & Views Newsletter that's delivered to inboxes at the start of each month. This monthly publication is packed with valuable updates, event information, and resources that are important for all of us in District 12N.*

*We're encouraging all Club Presidents to highlight News & Views at each meeting and help spread the word. Please remind your members to check their email and take a few minutes each month to stay informed and connected through this helpful resource.*



*Together, let's make sure every Lion in 12N is in the know! 🦁📧*  
**2<sup>nd</sup> VDG Kim Osborne - News & Views Editor and Publisher**